



E-Library

Girls Pre-K to age 9

Disclaimer Resources are from national organizations, reputable websites and podcasts, and scientific journal articles. The Duke Center for Girls & Women with ADHD is not responsible for the content or security and privacy policies on third party websites. If there are resources you would like to see in the e-library, please email our staff at ADHDGirls@dm.duke.edu for consideration. Note: 📌 indicates new resource.

Books

[12 Principles for Raising a Child with ADHD](#) *Russell Barkley, PhD*

[Straight Talk about ADHD in Girls](#) *Stephen P. Hinshaw*

[Understanding Girls with ADHD: How They Feel and Why They Do What They Do](#) *Kathleen G. Nadeau, PhD; Ellen B. Littman, PhD and Patricia O. Quinn, MD*

[Your Defiant Child: Eight Steps to Better Behavior](#) *Russell Barkley, PhD*

Websites

[ADDitude Magazine](#)

- [Will My Child Find a Best Friend This School Year?](#)
- [Explaining ADHD to Teachers](#)
- [Why We Must Achieve Equitable ADHD Care for African American and Latinx Children](#) *Tumaini Rucker Coker, M.D., MBA* 📌
- [Having "The Talk" with Black Children Impacted by ADHD and Race](#) *Evelyn Polk Green, M.S.Ed* 📌

[American Academy of Child & Adolescent Psychiatry ADHD Resource Center](#)

- [ADHD and the Brain](#)
- [ADHD](#)
- [Types of Psychiatric Medications](#)
- [ADHD Parents' Medication Guide](#)

[American Academy of Pediatrics Parenting Website](#)

[Attention Deficit Disorder Association](#)

[Centers for Disease Control and Prevention](#)

[El Futuro](#)

- [A community-based organization that provides "bilingual and culturally-responsive mental health services"](#) 📌

[How to ADHD](#)

[Inattentive ADHD Coalition](#)

[National Resource Center \(NRC\) on ADHD](#) *a CHADD program*

[UC Davis Mind Institute](#)

[Teaching Online Organizational and Virtual Learning Skills \(TOOLS\) videos](#)

Podcasts, Webinars, and Videos

[ADDitude Magazine](#)

CHADD

- [Black History Month](#) 📌
- [Qué le pasa a los padres cuando escuchan que sus hijos tienen TDAH? on Apple Podcasts](#) 📌

[Hill Learning Center's Community Education Series](#)

[Parenting Translator](#)

National Organizations

[American Academy of Child and Adolescent Psychiatry](#)

[Children and Adults with Attention-Deficit/Hyperactivity Disorder \(CHADD\)](#)

- [Black History Month](#) 📌
- [Black History Month Resources for Families](#) 📌

[National Institute of Mental Health \(National Institutes of Health\)](#)

[The American Professional Society of ADHD and Related Disorders](#)

Scientific Articles

[Annual Research Review: Attention Deficit/Hyperactivity Disorder in Girls and Women: Underrepresentation, Longitudinal Processes, and Key Directions](#) *Stephen P. Hinshaw et al.*

A summary of this article, and interview with one of the co-authors, is available on the Duke Center for Girls & Women with ADHD's website.

[Diagnostic and Medication Treatment Disparities in African American Children with ADHD: a Literature Review | Journal of Racial and Ethnic Health Disparities](#) *springer.com* 📌

[Females with ADHD: An expert consensus statement taking lifespan approach providing guidance for the identification and treatment of attention-deficit/hyperactivity disorder in girls and women](#) *Young et al.*

[Gender Differences in ADHD and Their Clinical Implications](#) *Ellen B. Littman, PhD*

[Genetics of Attention Deficit Hyperactivity Disorder](#) *Stephen V. Faraone & Henrik Larsson*

[Practitioner Review: What Have We Learnt About the Causes of ADHD?](#) *Anita Thapar et al.*

[Sociodemographic disparities in ADHD diagnosis and treatment among U.S. elementary schoolchildren](#) *ScienceDirect* 📌