



# E-Library

## Adolescents Age 10 to 17

**Disclaimer** Resources are from national organizations, reputable websites and podcasts, and scientific journal articles. The Duke Center for Girls & Women with ADHD is not responsible for the content or security and privacy policies on third party websites. If there are resources you would like to see in the e-library, please email our staff at [ADHDGirls@dm.duke.edu](mailto:ADHDGirls@dm.duke.edu) for consideration. Note: 📌 indicates new resource.

### Books

[Straight Talk about ADHD in Girls](#) Stephen P. Hinshaw

[Understanding Girls with ADHD: How They Feel and Why They Do What They Do](#) Kathleen G. Nadeau, PhD; Ellen B. Littman, PhD and Patricia O. Quinn, MD

### Websites

ADDitude Magazine

- [Will My Child Find a Best Friend This School Year?](#)
- [Explaining ADHD to Teachers](#)
- [Why We Must Achieve Equitable ADHD Care for African American and Latinx Children](#) Tumaini Rucker Coker, M.D., MBA 📌
- [Having "The Talk" with Black Children Impacted by ADHD and Race](#) Evelyn Polk Green, M.S.Ed 📌

American Academy of Child & Adolescent Psychiatry ADHD Resource Center

- [ADHD and the Brain](#)
- [ADHD](#)
- [Types of Psychiatric Medications](#)
- [ADHD Parents' Medication Guide](#)

American Academy of Pediatrics Parenting Website

Attention Deficit Disorder Association

Centers for Disease Control and Prevention

El Futuro

- [A community-based organization that provides "bilingual and culturally-responsive mental health services"](#) 📌

How to ADHD

Inattentive ADHD Coalition

National Resource Center (NRC) on ADHD a CHADD program

UC Davis Mind Institute

### Podcasts, Webinars, and Videos

ADDitude Magazine

- [Health Equity in ADHD: Addressing Racial Disparities in Diagnosis & Treatment - Live Webinar on March 7th, 2024](#) 📌

CHADD

- [Teaching Online Organizational and Virtual Learning Skills \(TOOLS\) videos](#)
- [Black History Month](#) 📌
- [Qué le pasa a los padres cuando escuchan que sus hijos tienen TDAH? on Apple Podcasts](#) 📌

Hill Learning Center's Community Education Series

Parenting Translator

### National Organizations

American Academy of Child and Adolescent Psychiatry

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

- [Black History Month](#) 📌
- [Black History Month Resources for Families](#) 📌

National Institute of Mental Health (National Institutes of Health)

The American Professional Society of ADHD and Related Disorders

### Scientific Articles

[Annual Research Review: Attention Deficit/Hyperactivity Disorder in Girls and Women: Underrepresentation, Longitudinal Processes, and Key Directions](#) Stephen P. Hinshaw et al.

*A summary of this article, and interview with one of the co-authors, is available on the Duke Center for Girls & Women with ADHD's website.*

[Diagnostic and Medication Treatment Disparities in African American Children with ADHD: a Literature Review](#) | Journal of Racial and Ethnic Health Disparities [springer.com](http://springer.com) 📌

[Females with ADHD: An expert consensus statement taking lifespan approach providing guidance for the identification and treatment of attention-deficit/hyperactivity disorder in girls and women](#) Young et al.

[Gender Differences in ADHD and Their Clinical Implications](#) Ellen B. Littman, PhD

[Genetics of Attention Deficit Hyperactivity Disorder](#) Stephen V. Faraone & Henrik Larsson

[Practitioner Review: What Have We Learnt About the Causes of ADHD?](#) Anita Thapar et al.