



A special invitation to join the Champions Circle for Girls and Women with ADHD!

The [Duke Center for Girls & Women with ADHD](#) is excited to launch a new initiative: The *Champions Circle for Girls and Women with ADHD*.

The Champions Circle is open to anyone who would like to become more actively involved with the Center, connect with a supportive community, and advocate for girls and women with ADHD.

WHO

The Champions Circle for Girls and Women with ADHD is for people with ADHD, their family members and friends, clinicians, educators, researchers, and anyone else committed to enhancing the lives of girls and women with ADHD. If you are under the age of 18, please check with your parents/guardians about whether this group is right for you.

WHY

The Champions Circle will allow individuals to become more actively involved with the Center, contribute to the Center's strategic direction by providing guidance, and access unique opportunities to support girls and women with ADHD.

WHAT

Sign up to receive one to three monthly emails with opportunities to engage in the Center's activities. Participate as much as you like — there is no obligation to respond or engage with the Center. *Unsubscribe any time by clicking the "unsubscribe" button or by email at ADHDGirls@duke.edu*



Group engagement opportunities will include:

- Providing guidance on in-development website resources
- Sharing ideas for relevant social media content
- Participating in virtual forums about potential projects and providing guidance on goals
- Hearing first about outreach, advocacy, and research opportunities
- Learning about available volunteer experiences

How can I enroll to join the Champions Circle?

[JOIN NOW!](#)

To join the Champions Circle, please complete this [survey](#). All information—including your email address—will be kept confidential.

Connect with us!

